

Updated September 16, 2021

La Escuelita San Marcos follows the North Carolina Department of Health and CDC recommendations for our Covid-19 protocols. We have had several questions so we thought it would be helpful to put together some Covid-19 FAQs.

COVID-19 Frequently Asked Questions

1. **What are the symptoms for which my child needs to stay home?** Fever or chills • Cough • Shortness of breath or difficulty breathing • Fatigue • Muscle or body aches • Headache • New loss of taste or smell • Sore throat • Congestion or runny nose • Nausea or vomiting • Diarrhea
2. **If my child exhibits any of the above symptoms during school, what will happen?**
A teacher will keep the child away from the rest of the students until the parent comes to pick up the child.
3. **How long does my child need to stay home if they have one of the above symptoms?** If the child exhibits any of the above symptoms, they are presumed positive. Students presumed to have or are diagnosed with COVID-19 must stay home until they meet the criteria for return to school.
4. **What is the criteria for returning to school?**
 1. If a Person has symptoms of COVID-19 and has tested positive with an antigen test or PCR/molecular test Person can return to school when • It has been 10 days since the first day of symptoms; **AND** • It has been at least 24 hours since the person had a fever (without using fever reducing medicine); **AND** • Other symptoms of COVID-19 are improving.
 2. If a Person has symptoms of COVID-19 but has not been tested for COVID-19 nor has visited a health care provider. Therefore, the person who has symptoms is presumed positive for COVID-19 due to the presence of a clinically compatible illness in the absence of testing. Person can return to school when • It has been 10 days since the first day of symptoms; **AND** • It has been at least 24 hours since the person had a fever (without using fever reducing medicine); **AND** • Other symptoms of COVID-19 are improving.
 3. Person has symptoms of COVID-19 but has received a negative test for COVID-19* or has visited a health care provider and received a an alternate diagnosis that would explain the symptoms of COVID-19 * Person can return to school when: • It has been at least 24 hours since the person had a fever (without using fever reducing medicine); **AND** • They have felt well for at least 24 hours.
5. **What happens if my student has been exposed to a confirmed positive case?**
When can my student return to school? Person can return to school after completing up to **14 days of quarantine**. The 14 days of quarantine begin after the last known close contact with the COVID-19 positive individual. Alternatively the person may complete a **10-day quarantine if the person is not presenting symptoms** of COVID-19 after daily at-home monitoring, or they may complete **7 days of quarantine if they report no**

symptoms during daily at-home monitoring, and the individual has received results of a negative antigen or PCR/molecular test on a test taken no earlier than day 5 of quarantine.

In other words, if your child has a runny nose or any other symptoms of Covid, you should get him tested for Covid-19. With a negative test, your child will be able to return to class earlier.

If you do not visit a medical provider or get tested for Covid-19, you will need to quarantine your child at home for at least 10 days.

These are the basic Covid rules that have been in place since the beginning of the pandemic. The only thing that has changed recently is that quarantines for students with suspected symptoms (and no known exposure to a confirmed positive case) have been reduced from 14 days to 10 days.

This means that if your child shows any of these symptoms at school, we will call you to call her child and ask her to test him for Covid-19. If you do not visit the doctor or have an exam, your student will need to be quarantined for at least 10 days. If you have questions about these rules, please email us.